

The # 1 destroyer of a relationship
第一名關係的毀壞者
(The closing of someone's spirit 封閉某人的靈)

I. Hand illustration: (手勢圖解)

- a. Prov. 18:19 An offended brother is harder to win back than it is to take a fortified city. His anger shuts you out like bars of iron. (Surround them with love and wait)
箴言18:19 弟兄結怨、勸他和好、比取堅固城還難。這樣的爭競、如同堅寨的門門。
- b. As long as someone's spirit is closed our attempts at communication will fail.
如同某人的靈是封閉的，當我們試圖與他們交談則將會失敗！

II. Signs of a closed spirit (靈封閉的信號)

It happens in stages and develops over time. (它有產生有階段性且發展的時間)

1. Hard 艱苦
2. Angry countenance 生氣的表情
3. Cold 冷酷/unresponsive 沒有回應/distant 有距離
4. Slam doors 甩門
5. Don't touch me! 不要碰我
6. No eye contact 沒有眼神的接觸
7. One word responses 單字的回應
8. Lights out 輕裝外出, turned back at night 回來很晚, locked door! 鎖門
9. Silence 安靜
10. Withdrawal 退縮, pulling back 後退

III. Reasons for a closed spirit- (靈封閉的理由)

A. Offended & hurt (Mt 5:21-26) 冒犯與受傷(馬太5:21~26)

- a. A need to daily guard and discern Eph 4:26
我們需要每日的警惕與分辨(以弗所書4:26)

B. Wrongly processing the pressures of life. 錯誤的處理方式造成的生活壓力

C. A specific crises 特別的危機

1. Loosing a friendship 失去朋友
2. Struggling at school 學校的掙扎
3. Job frustrations 工作上的挫折
4. A phase of life 生活的階段
 - a. Adolescence 青少年時期-pulling away 退縮, Jon
 - b. Mid Life 更年期-Self doubt 自我懷疑, insecurity 不安全感, fear 恐懼
5. Violation of their conscience (Loss of eye contact)
違反他們的道德良心(失去眼目的接觸)

D. Breakdown of love, trust, respect or understanding.

愛，信任，尊重，瞭解的破損。

IV. Responding to a closed spirit. (回應封閉的靈)

A. The key is to discern and prevent it from deepening. #1 Goal in my family.

主要去辨識和預防事件的加深，我家的第一黃金原則：

- a. Eph 4:1-3 Make every effort to keep the unity of the spirit-Most critical issue
以弗所書4:1~3竭力保守聖靈所賜合而為一的心-最要緊的議題

B. First recourse is prayer-Spiritual warfare II Cor 4:4, II Cor 10:5

第一先禱告-屬靈的爭戰 哥林多後書4:4，哥林多後書10:5

- C. Create an atmosphere for them to open up again. (Make it safe and desirable)
 “I am afraid you will get mad at me!”
 創造一個安全的空氣，給他們再度的敞開（使一切是安全且滿意的！）
- D. Gentle, tender, soft (Raised voices, threaten, drive them away)
 溫柔，良善，柔軟（提高音量，威脅，使他們逃離）
 Prov 15:1 A gentle answer turns away wrath but a harsh word stirs up anger
 箴言15:1回答柔和、使怒消退・言語暴戾、觸動怒氣。
- E. Give them space (Don't force, respect their privacy & personal boundaries)
 給他們空間(不要強迫，尊重他們的隱私，個人的界線)
- F. Forgiveness (They are hurting & rejecting you), Mt 18:21-22, Eph 4:26, Col 3:12-14
 原諒（他們受傷，拒絕你）馬太福音18:21~22,以弗所書4:26,歌羅西書3:12-14
- G. Humility (Seek forgiveness), Mt 5:21-26, Joe Levin, 1974-1994 Remove offense.
 謙卑(尋求原諒)馬太福音5:21~26，
- H. Convey interest & commitment to them (What are you going through?)
 傳達興趣，對他們承諾（他們會怎麼想？）
- I. Patience, persistence, “Bear up with” Col 3:13-14-Put up with.
 耐心，堅持，「忍耐」歌羅西書3:13~14 —一起向上推展
 How important is the relationship to you?
 這個關係對你而言有多重要？
 Mt 18:12-14 How many times are you willing to try?
 馬太福音18:12-14 有多少次你願意去嘗試？
- J. Creative (Spirit-led) approaches, Normal attempts at communication don't work.
 創意的傳達，一般的溝通方式是沒有辦法行得通的。
1. Emotional word pictures 情感的文字圖片
 2. Vi sitting on my stomach. Debbie V. tambourine
- K. Blessing for Insult 為侮辱祝福
 I Peter 3:8-12 do not repay...insult for insult.
 彼得前書3:8-12 不要回應 ...為了羞辱而侮辱
 I Peter 2:20-24 Christ's example
 彼得前書2:20~24 基督的樣式

V. Example (範例) of Jon's return from Eau Claire (1989-17 years old)

Writing of creative story. Emotional word picture
 寫下一個有創意的故事，情感的文字圖畫！

VI.. Difficulty of restoring is related to the length, time and depth of problem

關於去長度、時間和深度的問題是有恢復的困難。

Example of B & R in FMS. (Contrast with Jon)

1. First husband/wife meeting 第一丈夫/妻子的會議
2. First small group meeting 第一小組會議
3. Reward is great! 回餽是美好的！